

Journey of Healthy Formosa [Eight Days Seven Nights]




















Mission:







This itinerary is suitable for people with a concept of health, who care about their bodies, who have poor bodily functions or those who would like to understand their physical conditions.

Characteristics:

It provides advanced health examination equipments and professional doctors to evaluate the body functions and recommend improvement program.

Introduction :

Day	City	Time	Itinerary/Accommodation	Meal
Day1	Taoyuan	Noon	 Arrive at Taoyuan International Airport and go for entry clearance	Lunch on airplane
	Taipei	Afternoon	 Special vehicle delivery to Taipei city hotel for check in	
			 Taipei city half-day tour – Taiwan Democracy Memorial Hall, the Government House, 101 Building observatory, Martyr’s Shrine for a visit	
		Evening	 Traditional Taiwanese cuisine for dinner	Dinner in restaurant
			 After dinner, special vehicle delivery to Miramar entertainment park	
			Food and water forbidden after midnight 【 Accommodation Taipei】	
Day2	Taipei	Morning	 Special vehicle delivery to international healthcare center for premium health	
		Noon	 Healthy combo meal for lunch	Health check center
		Afternoon	For the premium health examination, professional doctors provide preliminary	
		Evening	 Delicate Taiwanese cuisine for dinner on the Great River Queen	Dinner on Boat
			After dinner, enjoy the night view across the Tamshui River 【 Accommodation Taipei】	
Day3	Taipei	Morning	 Breakfast in Hotel	Breakfast in Hotel
	Taoyuan		 Special vehicle delivery to Tzuhu, Puli for a visit	
		Noon	 Traditional Taiwanese cuisine for lunch	Lunch in restaurant
	Nantou	Afternoon	 Special vehicle delivery to the Sun Moon Lake scenic area for a visit	
		Evening	 Traditional Taiwanese cuisine for dinner 【 accommodation Sun Moon	Dinner in restaurant
Day4	Nantou	Morning	 Breakfast in Hotel	Breakfast in Hotel
			 Special vehicle delivery to Formosan Aboriginal Culture Village scenic area for a visit	
		Noon	 Taiwanese cuisine for lunch	Lunch in restaurant
	Chiayi	Afternoon	 Special vehicle delivery to Alishan scenic area for a visit	
		Evening	 rditional Taiwanese cuisine for dinner 【 Accommodation Alishan】	Dinner in restaurant
Day5	Chiayi	Morning	 Breakfast in Hotel	Breakfast in Hotel
		Morning	 Special vehicle delivery to Alishan to view the sea of clouds, dawn and	
	Donggang	Noon	 Seafood cuisine for lunch	Lunch in restaurant
	Kenting	Afternoon	 Special vehicle delivery to Kenting National Park for a visit	
		Evening	 Traditional Taiwanese cuisine for dinner 【 accommodation Kenting】	Dinner in restaurant
Day6	Kenting	Morning	 Breakfast in Hotel	Breakfast in Hotel
	Taitung	Morning	 Special vehicle delivery to east coast scenic area for a visit	
		Noon	 Seafood cuisine for lunch	Lunch in restaurant
	Hualien	Afternoon	 Special vehicle delivery to Chiao Fung resort farm for a visit	

		Afternoon		Special vehicle delivery to Hualien city for a visit	
		Evening		Traditional Taiwanese cuisine for dinner 【 Accommodation Hualien 】	Dinner in restaurant
Day7	Hualien	Morning		Breakfast in Hotel	Breakfast in Hotel
		Morning		Special vehicle delivery to Taroko National Park for a visit	
	Yilan	Noon		Seafood cuisine for lunch	Lunch in restaurant
		Afternoon		Special vehicle delivery to Hualien for a visit	
	Taipei	Evening		Traditional Taiwanese cuisine for dinner 【 Accommodation Taipei 】	Dinner in restaurant
Day8	Taipei	Morning		Breakfast in Hotel	Breakfast in Hotel
		Morning		Special vehicle delivery to international healthcare center for professional doctor's	
	Taoyuan	Noon		Special vehicle delivery to Taoyuan International Airport for exiting the country procedure	Lunch on airplane